

# Frequently asked questions



## How do I receive a FREE Sands keep mug?

- \* This will be sent automatically to our first 100 sign-ups for this event. If you are signing up as an individual you will get one automatically if you click yes in the sign up form. If you are signing up as a group, you will receive one for free and can buy additional cups for the rest of the group.

## When will I receive my medal?

- \* You will receive this, once you have sent us your walk update in the form of a screenshot of your route, a team photo a team photo or social post and/or raised at least £50 for Sands through the Mistletoe Memory walk.

## Can I use JustGiving or VirginMoneyGiving to fundraise?

- \* We would suggest using Visufund as you can create your own online winter wonderland. However you can use whatever online fundraising platform you would like.

## What is the difference between individual, small group and large group?

- \* An individual is you, just 1 person
- \* A small group is 5 or less people
- \* A large group is 6 or more people. There is no maximum number of people who can take part

## Do I have to fundraise?

- \* We would ask anyone who is taking part to raise a minimum of £50. Once you have raised we will send you your medal which will be in the shape of a snowflake. It's up to you where you hang it but it would make a perfect Christmas tree decoration or decoration in the home.



# Mistletoe Memory Walk